

A UNITY PUBLICATION • 15 CENTS

Daily Word



December 1941

Class Thoughts

November 20 to December 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

Thy Truth is a lamp to my feet and a light on
my path.

At high noon each day concentrate your attention
on this thought for prosperity:

Increasing, multiplying Christ substance is my
perpetual prosperity.

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

I am steadfast in proclaiming the inner Christ
as my harmony and health.

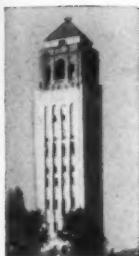
Silent Unity, the healing department of Unity School, is happy to
minister to every person desiring help through prayer. Address Silent
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DAILY WORD

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No. 6

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, the Unity Campanile or Prayer Tower, which can be seen for many miles, directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

Lodestar

NINA STILES

Often I think of the shepherds that night
With their lambs on the Bethlehem hill.
Often I vision the star that shone,
The light that is leading us still!
And I follow the path with the Wise Men of old,
Who brought their hearts with the gift of their
gold
To lay at the wee King's feet.

Gift of their hearts that were part of His own,
Filled with His wisdom, and strong!
God, let my own heart be guided like theirs:
True, though the way may be long.
For love was the star that they followed that night,
Love, like a magnet, Thy lodestar of light
Leading men ever to Thee.

A Man's Birthday

CLINTON E. BERNARD



TWENTY-FOUR YEARS ago the Allies and the Germans were entrenched against each other in mortal combat, but in at least one sector the erstwhile enemies celebrated Christmas Day together in no man's land.* It was a spontaneous, undeclared armistice and a most remarkable demonstration of the power of man's innate desire for peace and brotherly love.

Nobody knew exactly how this undeclared armistice began. Some said it began when four unarmed German soldiers approached the Allied trenches, and told the commanding officer they desired only to wish each one a happy Christmas. A meeting place for further conferences was appointed halfway between the lines. Before astonished commissioned and noncommissioned officers realized what was taking place, German and Allied soldiers were mingling cordially all along the line in what was probably one of the oddest peace conventions the earth ever saw.

These men had been trying for months to slay one another, but now of a sudden they were exchanging smiles and greetings. They traded soap

*See "Peace on Earth" by Captain Sir Edward Hulse, Reader's Digest, December, 1939.

and cigarettes for sausages and other barter goods, and fraternized in sundry ways.

The war went on, but perhaps not quite as before. Men kept recalling, with wonder and with wistfulness, how easily peace had come. All that was required was a sincere desire to live in peace and brotherhood with others, even those who had been called enemies.

The desire for peace, lying latent in these soldiers, had been sparked into expression by the instinctive action of the four men who made the initial gesture toward friendliness. The impetus behind this demonstration was the natural desire within every man's heart for peace; and the coming of the birthday of a man who had been called the Prince of Peace reminded them of this.

This story, while true, has been retold until it has many versions. One version has it that the informal armistice lasted three days; that during those three days shells remained unexploded and not a rifle shot was fired. Whatever the varying details of the story, the lesson involved never changes:

Peace springs up spontaneously when there is a *sincere* desire for it. It prevails where men sincerely desire it and make a definite determined effort toward it. Peace ruled for three days over men who were in the midst of war. It would have

continued to rule among them had they all, aggressor and defendant, private and officer and general and war lord, continued to desire it more than conflict.

Peace is the gift of God, eternally available on the battlefield as well as in church, for in its true essence it is an attitude of mind. The formula for peace is sincere desire to live peace. Many persons today are hoping for peace, even praying for peace, but not earnestly or consistently enough to give the necessary support and impetus to peace. Were we truly to love peace enough to live for it, to work for it, to dedicate our thoughts, speech, and actions to its governorship, there would not be any force strong enough to challenge our power of peace.

Two thousand years ago Jesus lived peace so attractively that miracles of peace are now wrought in His name, and His birthday, the celebration of Christmas, again turns the thoughts of countless millions toward good will to all mankind.

What miracles of peace could be wrought today by a thousand men who elected not merely to wish for peace but to follow steadfastly in the footsteps of the man who loved peace so completely that He lived it memorably!

Who will enlist for this thousand?

Who truly loves peace?

DECEMBER 1

Monday

GOD'S PROMISE OF SALVATION IS NOW FILLED IN MY LIFE.



THE BIBLE is rich in the divine promises of salvation. "Behold, thy salvation cometh," proclaimed Isaiah. "I will . . . show him my salvation," wrote the Psalmist. "Now is the . . . day of salvation," declared Paul.

What is salvation? It is commonly understood to be the attainment of heavenly bliss in the hereafter. However in the study of Truth we learn that God's salvation is not limited to some future time. We can have it now if we will. For salvation means literally the process of being "saved" or freed from our "sins," the limitations we impose upon ourselves by thinking thoughts not in accord with Truth. The moment we determine to forsake the former erroneous thinking and doing, that moment our salvation is come.

God has promised you His salvation, not tomorrow, not sometime in the future, but now. He fulfills His promise for you the instant you accept it. Rise up now, and be free.

✿ *Fear ye not, stand still, and see the salvation of Jehovah, which he will work for you to-day.—EXOD. 14:13.*

Tuesday

DECEMBER 2

GOD, MY FATHER, IS FORGIVING. I FREELY FORGIVE, AND I AM FREELY FORGIVEN.



JESUS CHRIST stated the law of giving and receiving thus: "Give, and it shall be given unto you." By a simple paraphrase of this law we formulate the law of forgiveness: "Forgive, and it shall be forgiven you."

We are thus shown in very simple terms that we cannot expect to receive forgiveness ourselves unless we first grant it to others. God's law does not work arbitrarily, granting to some complete forgiveness, to others only a part, and to still others none at all. To measure up to the divine standard, our forgiveness must be full, complete, and without reservation.

God, the Spirit within you, is the very Spirit of forgiveness. He now bids you banish from your heart the last iota of resentment toward any person or state of affairs. As you do God's bidding you are filled with a new sense of freedom and a surging impulse of spiritual energy that revitalizes you. You are forgiven.

☛ *So shall thy former sins be forgiven, if thou shalt keep these my commandments.*—II HERMAS (Apoc. N. T.).

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DECEMBER 3

Wednesday

GOD, MY FATHER, COMFORTS AND BLESSES
ME.



THE COMFORTING presence of God, my Father, is always with me and within me. He gives me "the oil of joy for mourning, the garment of praise for the spirit of heaviness."

I resolve never to be depressed or cast down by any inharmonious situation that involves me or my loved ones. God is my comfort. If I am grieved by the actions of one who is near and dear to me, or feel a sense of loss because of the passing of a beloved friend, I at once rise out of this negative state of mind. I turn to God in the certainty of His love, and I am comforted.

Because I am a son of God I am not subject to melancholy or despair. I know that my Father is the very essence of love. He loves me with a deep and everlasting love that nothing can alter or disturb. I express this love toward everyone with whom I come in contact. I set him free from any thought of obligation toward me, free to live the glorious life that God has purposed for him.

✿ *I will give thanks unto thee, O Jehovah; for . . . thou comfortest me.—ISA. 12:1.*

Thursday

DECEMBER 4

GOD, MY FATHER, IS MY HELPER. THROUGH HIM I OVERCOME ALL OPPOSITION.



Do you have some difficulty to overcome? Are you facing opposition in your work or in the attainment of some cherished ideal? Then look to God your Father for help to overcome whatever opposes you or stands in your way.

God's help is always at your command. He responds at once when you call upon Him in the silence. Your receptive state of mind permits His Spirit to inflow into you and infill you with the added power and strength that you need. His help is adequate to your every need, and it will increase as you use it.

God's help may come to you in outer ways that you may not expect, but He will not fail you. His help comes just as it is needed and when it is needed. God is always on time.

You are no longer impeded or frustrated by persons or conditions. God's help enables you to be free and to be victorious.

☛ *I am with thee; be not dismayed, for I am thy God; I will strengthen thee; yea, I will help thee; yea, I will uphold thee.—ISA. 41:10.*

GOD, MY FATHER, EXALTS MY SPIRIT.



IN THE 91st Psalm are recorded these illumining and inspiring words: "I will set him on high, because he hath known my name." In this brief verse of Scripture we find a concise statement of what we may term the law of exaltation.

Exaltation is a state of illumined spiritual consciousness that we attain through meditation upon God as Spirit. In it we realize, as one writer has said, "the allness of One, and the oneness of all." When we are in a state of exaltation we have spiritual insight. We see as God sees. We know the answer to every problem.

God exalts our spirit according as we "know his name," let our thought dwell upon and reach upward to Him. He increases our faith, so that we know that nothing is impossible to us when we are in tune with Him.

Today let us look above that which seems to be to that which is: God, Spirit, the eternal One who is Truth and reality.

☛ *Draw nigh to God . . . and he shall exalt you.*—JAMES 4:8, 10.

MY SPIRITUAL VISION IS CLEAR, AND MY EYES ARE WHOLE AND PERFECT.



PERFECT eyesight is the certain result of true spiritual vision. When our eyes appear to be manifesting less than perfection the condition is a signal to us that we need to reform our thought and turn it Godward.

In the hurry and bustle of the modern world we are called upon to use our eyes a great deal. It is wise to give them adequate physical care and proper muscular exercise to keep them strong, but it is of far greater importance to keep our spiritual vision clear and unblurred. For if we begin to lose sight of God and the living Truth that we are His children and acting in His name and on His behalf, our eyes become dull and lack luster and may become weakened.

The life of God is in our eyes. His life is perfect, His vision is perfect, and we can declare and manifest His perfection in our eyes. Let us keep all our thoughts pure and positive, directed to God the Most High. Then we see as God sees, because we see Him everywhere.

✿ *Upon them bath the light shined.*—ISA. 9:2.

DECEMBER 7

Sunday

FATHER-GOD, THIS IS MY PRAYER: LET THY SPIRIT BE EXPRESSED THROUGH ME.



FATHER, my spirit is consecrated to Thee. I am filled with Thy presence. It energizes me, and directs my every activity. Because I am one in heart and mind with Thee, I am become a perfect channel for the expression of Thy Spirit in the world.

Father, Thou art almighty. Thy pure and undefiled love animates all creation.

Father, I am willing to let Thy good will be expressed in and through me momentarily. My every thought and word is under Thy dominion. I have given up every thought of self-advancement, for I know that Thou alone art all that is true and everlasting.

I know that Thou art the source of faith, power, love, courage, loyalty, steadfastness, and every other divine quality that Thy children are capable of expressing. Father, let Thy Spirit be expressed through me in all its mighty perfection of being.

☛ *I will put my Spirit in you, and ye shall live.*—EZEK. 37:14.

Silent Unity's Word to You: Good Gifts



HOW WONDERFUL are the gifts that Silent Unity receives from its friends! Every day we are blessed by your gifts, both spiritual and material, by your love and prayers and faith and loyalty. Now that a large portion of the earth is entering a season in which more than ordinary giving will be done, it is well for us to consider together what wonderful gifts each of us individually has to share with others.

There is within the heart of every person the desire to give, and this desire finds its most joyous and complete release at Christmas time. Perhaps there may be some of us this year who cannot give as many fine gifts in an outer way as we should like to give to our loved ones, friends, and others. If such a condition is present, rather than allow it to engender worry and depression we should accept it as a challenge to discover what gifts of greater importance we possess that we can develop and share. There are countless ways of helping, blessing, serving, and spreading cheer without giving a single material gift.

While we should not deprecate the giving of outer gifts at Christmas time, nor the love and joy

that accompany the giving, yet we should make this outer giving secondary to the Christ way of giving, that is, the giving or sharing of inner spiritual gifts. These are the gifts that are permanently helpful to all with whom they are shared.

"Each man hath his own gift from God, one after this manner, and another after that." We need only look within ourselves and develop our particular gift in order to give as largely as we choose. There is no limit to our capacity for giving spiritually, for God has given to us abundantly, and each of us is to "give as he is able, according to the blessing of Jehovah thy God which he hath given thee."

We undoubtedly have heard it said of someone: "I like to be in her presence because she is so poised and peaceful. I always feel rested and relaxed after a visit with her." Or of another: "He is so vital and interesting that it gives me a new lease on life just to talk with him." Or "There is something about this individual that makes me feel that the world is a pretty good place after all!" The peace, enthusiasm, confidence, and courage imparted by these persons was an expression of, a giving or sharing of their spiritual selves. Through the mind, heart, and soul of such as these God thinks, speaks, acts, loves, and blesses.

The desire to give of ourselves and our possessions is good, for it is born of an inner realization of our divine capacity for giving. There is a spirit in us that knows we must give in order to be free and happy and wholly alive. "For which cause I put thee in remembrance that thou stir up the gift of God, which is in thee." Your particular gift may be that of comforting the sorrowing, of encouraging the disheartened, of sharing the burdens of the weary, of giving a smile or word of cheer, of speaking a prayer of life or abundance, or of doing a kindness or service wherever the opportunity arises. Whatever your gift is, you can discover, develop, and use it for your own happiness and for the blessing of others.

Jesus Christ did not keep at hand great material wealth to share with others, but those whose lives He touched could not have been more greatly enriched if He had possessed several fortunes to share with them.

In all your giving at this particular season and throughout the year, give lovingly and unreservedly of yourself, your Christ self that understands, lifts, encourages, and blesses all whom your thoughts and plans include. Thus you will be emulating the Christ in your giving, and you will have the joy of knowing that "out of all your gifts ye . . . offer . . . the best thereof."

DECEMBER 8

Monday

GOD'S SPIRIT IS EXPRESSED THROUGH ME IN
UNWAVERING FAITH.



TRUE FAITH embodies an unshakable confidence in, an inner conviction of, the supremacy of God, All-Good. It is a pulsing, dynamic quality of Spirit that activates and animates every person, every individualized expression of God.

Faith is more than mere dependence or trust. Faith, said the writer of Hebrews, is the "substance of things hoped for, the evidence of things not seen."

Today I proclaim that God's Spirit is expressed through me in unwavering faith. My faith has tremendous stability. It is equal to every demand that I make upon it. It penetrates through the dark shell of every adverse appearance and discloses the good that is the kernel of it.

My faith is ceaselessly active. I direct its activity into divine channels through centering my thoughts upon love, peace, joy, wisdom, courage, strength, and all the other bright qualities of Spirit. Thus I express faith in its purest form.

✿ *As therefore ye received Christ Jesus the Lord, so walk in him . . . established in your faith.*—COL. 2:6, 7.

Tuesday

DECEMBER 9

GOD'S SPIRIT IS EXPRESSED THROUGH ME IN INVINCIBLE POWER.



THE POWER of God can be expressed through man in an infinite number of channels, in an infinite number of ways. Every thought, word, or act of ours is an expression of divine power.

God power is the term we most commonly use to describe divine principle in potential expression. Since God is all, He is therefore all power.

Our wavering human mind sometimes tries to conceive of a power that is unlike God or opposed to God, but any such conception is untrue.

Because God is all power He has all power. He can and does express that power through me. I now recognize His almighty power in expression in me. I behold it in process of expression in every living being.

As the darkness vanishes when light touches it, so does weakness disappear when I call upon the strength and power of God. His Spirit now expresses invincible power through me.

☛ *Great is our Lord, and mighty in power.*—PSALMS 147:5.

DECEMBER 10

Wednesday

GOD'S SPIRIT IS EXPRESSED THROUGH ME IN
BOUNDLESS LOVE.



GOD'S SPIRIT in me is the very Spirit of love. It is the holy essence of God. "God is love," the mighty principle that creates and sustains the world. It impels me to do mighty works of unselfish service and thus discover the supreme joy and happiness that are from Him.

The more love I express toward others the more love they express toward me. This love is immeasurably greater than a merely human regard or affection. It is boundless, all-encompassing.

My every thought is loving. My words are loving words, strong, uplifting, reassuring. My actions are gentle, prudent, and self-effacing. I seek to express my love toward others in gifts that cannot be measured in terms of money. I desire that those who receive these gifts remember God, the giver, rather than me, the humble channel through which they are bestowed by Him. I love God, and through Him my fellow men.

♣ *Let us love one another: for love is of God; and every one that loveth is begotten of God, and knoweth God.*—I JOHN 4:7.

Thursday

DECEMBER 11

GOD'S SPIRIT IS EXPRESSED THROUGH ME IN
UNFALTERING COURAGE.



THE IMMORTAL words of the prophet Joshua today bid me be of stout heart and of good courage. As if spoken by a mighty voice they resound within my being: "Be strong and of a good courage; be not affrighted, neither be thou dismayed."

In obedience to this divine command I at once cast forth from my mind every thought of fear and suspicion. No thought that is un-Godlike can now enter my mind, for it is filled with God's holy presence.

Because courage is divine in origin, a gift from God my Father, it is more than sufficient to withstand any demand that I may need to make upon it. No trouble or difficulty, no human problem, no unfavorable situation can disturb me or cause me to falter. I am strong in the Lord and in the power of His might. The Spirit of courage envelops me as in a mantle. I am fearless and unfaltering. I am endued with mighty power.

☛ *I will be with thee; I will not fail thee, nor forsake thee. Be strong and of good courage.*—JOSH. 1:5, 6.

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DECEMBER 12

Friday

GOD'S SPIRIT IS EXPRESSED THROUGH ME IN
UNSWERVING LOYALTY.



LOYALTY is primarily an expression of God's Spirit. It is an expression of our love for others and our faith in others and in the ideas that we feel are right and just. When we are loyal we lend the support of our strength to those persons or ideas that we feel are in the right according to our understanding of things.

Every man is loyal to his job, to his family, to some cause. This very loyalty is a mark of distinction to him, because it shows that he is honest according to his lights, even though his loyalty may be attracted to something that we feel is unworthy of attention or support.

God is loyal to us because He loves us with a love that is deep and unswerving. We are His children, and we should be supremely loyal to Him. Today let us be loyal to God, to our work, to our fellow workers, to our city, State, and nation. By thus expressing His Spirit, we unify and strengthen those who work for good.

✿ *Draw near with a true heart.*—HEB. 10:22.

GOD'S SPIRIT IS EXPRESSED THROUGH ME IN UNYIELDING STEADFASTNESS OF PURPOSE.



EVERY MAN who has reached great heights of human or spiritual achievement has done so through maintaining an unyielding steadfastness of purpose. He has been unmoved by discouragement, disapproval, or active opposition.

Jesus Christ is our greatest example of steadfastness. Everything in His life and ministry among men was subordinated to His purpose of revealing God to man, even to the point of making what we term the supreme sacrifice, giving up His physical body to prove that life is eternal.

The same Spirit of God that enabled Jesus to fulfill His divine purpose is being expressed through me today. His Spirit is all-powerful, unyielding, unwavering. I am enabled to accomplish what is before me because His Spirit keeps me steadfast.

Momently I grow stronger in heart and mind, and more courageous and resolute in spirit. I am clear-minded, and I am steadfast and sure.

✿ *Yea, thou shalt be stedfast.*—JOB 11:15.

FATHER, HOLY IS THY NAME. I WORSHIP THEE
WITH ALL MY HEART AND MIND AND
STRENGTH.



WHEN WE pray, "Father, holy is Thy name," we are in effect affirming our belief in the ever-present goodness of God. He is Father, Lord, and Creator of the world and every living thing in the world.

Worship connotes an elevated state of mind in which we perceive what exists in the pure mind of God, namely perfection. He is the perfect principle of Truth, of eternal life, of omnipresent good.

We worship God in spirit and in truth when we continually seek to behold the good in every person and in every experience. The more good we can see the more devoted and consecrated is our worship and adoration of Him.

We do not worship God adequately by merely paying casual attention to Him. True worship is first of the mind, perceiving God, then of the heart, loving God, and finally seeking with all our strength of both mind and heart to know and express God as eternal good.

✿ *Worship Jehovah in holy array.*—PSALMS 29:2.

Monday

DECEMBER 15

FATHER, WHATEVER THOU GIVEST ME TO DO
THAT WILL I DO.



FATHER, I am grateful for the realization that Thy will for me is only good, and that by doing Thy will I open the way for Thy good to be manifested in my life.

In the workaday world there are many demands upon my time and attention. Each day brings situations that require me to use tact, tolerance, and good judgment. Because I look to Thee for direction, I do not make mistakes. I do all that is required of me promptly and accurately, and I earn the commendation of my fellow workers.

If today I am brought face to face with some new and unfamiliar state of affairs, I shall at once recognize that Thou hast provided it for me. Since it is from Thee, Thou hast also given me the wisdom and the power to do whatever is required of me. I am ready and willing to do it.

I thank Thee, Father, for Thy confidence in me. Thy good will directs me to serve Thee and Thy children, and I am faithful to Thy trust.

✿ *My meat is to do the will of him that sent me, and to accomplish his work.*—JOHN 4:34.

DECEMBER 16

Tuesday

FATHER, I REJOICE IN THY COMPASSION AND
MERCY.



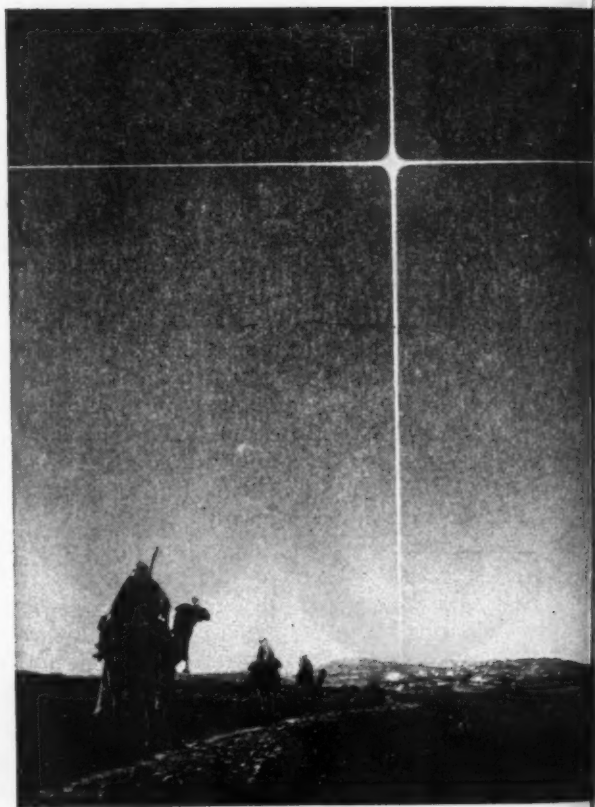
LET THERE be joy in your heart today, for God your loving Father is compassionate and merciful toward you. You are His beloved child, and He loves you with an infinite love. He expresses loving-kindness toward you momentarily.

Do you consider yourself a "sinner"? Do you think it is necessary for you to implore God for His compassion and mercy so that you may not be utterly "lost"? You are taking a very limited attitude toward the goodness of God. You are burdening yourself unnecessarily with a false idea of Him. God is loving and kind, and He expresses His love toward you continually.

God compassion and mercy are like strong swords that strike from you the shackles of fear, guilt, and shame. You are free from the burden of "old sins." You are lifted up by His loving-kindness to stand with your fellow men, clear of eye and stout of heart.

*Jehovah is good to all;
And his tender mercies are over all his works.*

—PSALMS 145:9.



Christmas Quietude

BERNICE MINTER

Upon the earth no sound save in the distant,
Echoing hills the ring of hoofbeat
On the stone-flecked path. No sound save
Murmured awe as shepherds left their fields
To kneel in humble praise beneath the flaming
Christmas star. No sound save in the humble
Stable straw the crooning song of
Mother love and soft sweet words of joy.
Then suddenly a mighty choir sweeping the
Heavens with its song, and one clear voice
More urgent than the rest: "This is the Mighty
One, the Saviour of the world. Receive ye
Him, and be no more afraid. All hail the
Christ, Redeemer, Prince of Peace!"

Within our hearts no sound save beating pulse
Of faith that lifts our thoughts along the
Lighted path to Bethlehem, to Mary and her Son.
No sound save hushed amens as that same star
Bids us take heart, be brave and strong. No
Sound save now a growing rapture that proclaims
The presence in ourselves of Him whose name
Is Counselor and Wonderful.

The Christ of God, our Christmas guest! No
Greater joy than this! Lo, now the song swells
From our throats to bear its message o'er the
Earth: "The Christ is born! Rejoice! Be free!
Joy to the world, and peace, good will."

The Discovery of Christmas

MARTHA SMOCK



I DREAMED that it was Christmas time. But in my dream I celebrated a strange Christmas. There were no gifts, there were no twinkling lights, there were no trees decked with tinsel. There was only I, in a barren place, absolutely alone.

I do not know how I knew that it was Christmas, but in a dream you do not question the why of things, you accept them as they are. So I knew that it was Christmas.

In my dream my thoughts drifted back to the Christmases of years gone by. I remembered the celebrations, the gaiety, the hectic shopping, the lights, the laughter, the joyous exchange of gifts. I thought, How can this be Christmas? for there is none of that here where I am.

How can one celebrate Christmas alone? Is it anything more after all than a man-made holiday? Is there a Christmas "spirit" other than the joy that attends the giving of gifts, the laughter that rings through the home, the gaiety and good will that permeate the holiday throngs? These were the questions that filled my mind as in my dream I stood alone in a strange and desolate place.

Then I thought, I will pray to God to help me understand this strange thing. And so I prayed: O God, I know not where I am or why I am here, but I know that it is the Christmas time, the anniversary of the birth of Thy Son Jesus Christ. (The birthday of Thy Son—ah yes, I had almost forgotten that all-important reason for Christmas.) Christmas has always been a time of great joy to me, dear Lord, but what can it be without anyone to whom to give gifts, without anyone to love, without any way of expressing through outer symbols the joy that I feel within?

Then it was that the Truth was revealed to me. Christmas is not a date, it is not a holiday, it is not a celebration, it is not any of the things that we have made it. Christmas is the rebirth of the Son of God in man.

The Son in man, the Christ in man. In my dream I thought: At last I am really awake! Now I know that wherever I am, whatever the surroundings or circumstances, I can celebrate Christmas. I only need to know and understand that I am a child of God, that in me is the Spirit of Christ, and that I am eternally one with all good.

With the swiftness with which dreams change the scene shifted and I saw myself in a large city that was filled with holiday throngs pushing and jostling and buying gifts and more gifts. The

shops were gay with lights and color, and I heard people everywhere saying "Merry Christmas" one to another.

Yet I did not feel a warmth or stir within me, a response to all this merrymaking. Once I would have said, This is the Christmas spirit. But now I knew how little all the outer things mean if one does not find within oneself a shining new birth, the real Christ mass.

The Truth that had come to me as I stood alone seeking the meaning of Christmas filled me with unspeakable joy. Once my heart would have been heavy with sadness to think of anyone alone at Christmas time, without gifts, festivities, a warm circle of friends.

Now my heart went out to all the celebrants of Christmas. I knew that it mattered not whether one were in the very midst of the celebration that the world has come to know as Christmas, or whether one found oneself in some place far removed from this; for each in his own heart can discover Christ anew and so discover Christmas.

I remember that in my dream I stood alone again, but this time I was not desolate or afraid. A great light shone round about me, and a star gleamed steadily overhead. And in my ears and in my heart the angels' song was ringing:

"On earth peace, good will toward men."

DECEMBER 17

Wednesday

FATHER, MY LIFE IS THINE TO COMMAND.
I SEEK TO GLORIFY THEE CONTINUALLY.



WHEN WE have come to the place in spiritual consciousness where we realize that we can do nothing of ourselves we have taken a great step forward in the realization of our divine goal of union with our Father, God.

Jesus Christ said, "The Son can do nothing of himself, but what he seeth the Father doing." In effect He was saying that the personal man, who is not yet spiritually illumined, must perforce look to his higher powers in order to accomplish whatever he seeks to do.

The Father dwells within us, a living, holy presence. He would have us walk in ways of pleasantness and peace. We do not have to go to some far-off country in order to find them. He will show them to us just where we are if we will become still in heart and mind and invoke His guidance.

✿ *Let him that glorieth glory in this, that he hath understanding, and knoweth me, that I am Jehovah who exerciseth lovingkindness, justice, and righteousness.*
—JER. 9:24.

Thursday

DECEMBER 18

THE SPIRIT OF JUSTICE PROCLAIMS THROUGH ME: LET JUSTICE PREVAIL.



TODAY AND henceforth I am an agent for the establishment of justice in the world. The mighty Spirit of justice has chosen me to be a channel through which God's goodness and mercy are expressed. I am endued with divine wisdom and the ability to see the perfect solution to every human problem.

In my expanded vision I am enabled to see that justice is an expression of love and compassion. If I am called upon today to make decisions, I do not let any considerations of self-interest or prejudice influence my judgment; I let right prevail, the right that is God's divine law in process of perfect fulfillment. Because I deal justly, others are just with me.

The Spirit of God speaks through me in words of counsel and might, in words of strength and understanding. All the powers of heaven and earth unite to bring forth justice in the earth.

✿ *Until the Spirit be poured upon us from on high . . . Then justice shall dwell in the wilderness; and righteousness shall abide in the fruitful field.—ISA. 32:15, 16.*

THE SPIRIT OF GOD UPHOLDS ME AND GIVES
ME STRENGTH AND STABILITY.

MOMENTLY the Spirit of God upholds me. By Him I am infilled with mighty strength. It is as the strength of ten. His infinite reservoir of strength is more than sufficient to meet any demand that I may need to make upon it at any time.

Because I am upheld and strengthened by the Spirit of God, I am a mighty tower of stability. I am not disturbed by any disagreement or misunderstanding. I am unmoved by opposition or criticism. I am poised and centered in Spirit.

My realization of poise and stability communicates itself to others, and they in turn become poised and quiet.

If this day there should be demands upon my time and service that I may seem unable to meet, I call upon the strength of God in me. The upholding power of Spirit enables me to do all that is expected of me, and even more, willingly and well. I remain even tempered and free from weariness. I express joy and love toward everyone.

❁ *There shall be stability in thy times.*—ISA. 33:6.

Class Thoughts

TO BE USED FROM

December 20 to January 19

The affirmations on this page, known as the Unity class thoughts, are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity.

At 11 a. m. use this thought for

ILLUMINATION . . . *Spirit light guides me and I am free from all mental confusion.*

At 12 noon use this thought for

PROSPERITY . . . *The Spirit of plenty fills my mind and affairs and I see prosperity everywhere.*

At 9 p. m. use this thought for

HEALING . . . *Jesus Christ and Holy Spirit now unite in restoring me to health and harmony.*

The lessons on the following three pages are based upon these class thoughts.

DECEMBER 20

Saturday

SPIRIT LIGHT GUIDES ME AND I AM FREE
FROM ALL MENTAL CONFUSION.



LOOK this day unto the never-failing light that is your guide. No matter who you are or where you are, you are an illumined child of God, the Holy One. His ever-living Spirit, the Spirit of light, dwells within you.

The sun-tipped heights are just before you. They are illumined by God's clear light. Even as the star guided those who sought the Christ child so Spirit light guides you as you go forward in His name this day.

Look away from strife and war. Look away from that which appears to be evil. "Look unto me" is the divine command that you are to obey henceforth. Look unto God, Spirit, the perfect Being in whose image and likeness you are created. In Him is no darkness at all, but all joy, all peace, all that is, was, and ever shall be.

You are free this moment from all mental confusion. Spirit light illumines you, guides you, now and forever.

☛ *To them that sat in the . . . shadow of death,
To them did light spring up.—MATT. 4:16.*

Sunday

DECEMBER 21

THE SPIRIT OF PLENTY FILLS MY MIND AND AFFAIRS AND I SEE PROSPERITY EVERYWHERE.



RICH GIFTS are yours today from the Spirit of plenty. This Spirit fills your mind with powerful, dynamic ideas. These ideas bring you a new, clear realization of the infinite abundance of Spirit through which prosperity comes to you.

Matthew tells us that the Wise Men in adoration brought to the Christ child their gifts of gold, frankincense, and myrrh. This beautiful story symbolizes a great spiritual truth. You are the child of God, His beloved son. You attract to yourself rich spiritual ideas, the high thoughts of God, and they bring you His gifts which are priceless. They set before you today the riches of His Spirit of plenty.

Lay hold of and begin to use now these ideas that are God's rich gifts to you. By so doing you stir up your faith in God's Spirit of plenty. It fills your mind and affairs, and you see prosperity everywhere.

☛ *Behold, the Lord Jehovah will come . . . his reward is with him.*—ISA. 40:10.

DECEMBER 22

Monday

JESUS CHRIST AND HOLY SPIRIT NOW UNITE IN
RESTORING ME TO HEALTH AND HARMONY.



IN THE word for today we have an epitome of the activity that takes place in Spirit when we pray for our health to be restored. Health and harmony are our rightful state. They are the complete expression of our divine perfection. Health and harmony are three-fold in expression, spiritual, mental, physical.

When we pray in sincerity of heart for the restoration of any condition that seems less than perfect, we thereby acknowledge our willingness to receive the healing life of Spirit that cleanses and restores us.

Jesus Christ, the Son of God, is the perfect-man idea in God-Mind, the spark of God Himself, which is our inner or true self. Holy Spirit is the thought of God in perfect expression in the realm of ideas. The Holy Spirit is continually giving expression to the perfection of Christ in us.

Through their united activity our health is restored and given perfect expression.

☛ *We know that he abideth in us, by the Spirit which he gave us.*—I JOHN 3:24.

Tuesday

DECEMBER 23

THE SPIRIT OF WISDOM REVEALS TO ME JUST
WHAT I NEED TO KNOW AT ALL TIMES.



WHILE WE can be sure of our ultimate goal in life we may often be in doubt as to what is the best policy to pursue or the right thing to do at any given moment. Should we close this deal? Are we doing this job well? Is it right for us to take this step or that?

God our Father has given us His Spirit of wisdom to be our guide momentarily. Through His instruction we can find the answer to any puzzling question, the solution to any problem, no matter how involved.

The Spirit of wisdom speaks to us in the stillness and quietness of the "secret place of the Most High." He shows us how to achieve the maximum of success with the minimum of effort. He shows us how to walk in paths of peace, harmony, and love.

We cannot do unwise things when we permit our thoughts to be supervised and lighted by divine wisdom.

*Jehovah giveth wisdom. . . .
Wisdom shall enter into thy heart.*

—PROV. 2:6, 10.

GLORY TO GOD IN THE HIGHEST.



MY PRAYER for today is the angelic song of praise that heralded the birth of the Christ child in Judea. It rises from my heart to the heavens on high, proclaiming the "joy unspeakable" that pervades my being.

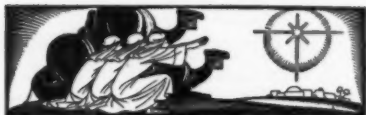
Hitherto I have declared my faith in God and His good will for me. I have acknowledged Him as the source of every good thing that I can ask or desire. Nevertheless I see now that I have had a limited conception of God. I have pictured Him as far away, beyond my immediate reach.

Almost unperceived by my conscious mind, a new realization of my divine relationship to God my Father has been growing within me. It now illumines my mind with its holy radiance, and I perceive the mighty Truth that I am one in Spirit with God. I now understand that I am not and can never be separated from Him, for His Son, the Christ, dwells within me as the holy essence of my being. I rejoice with the holy angels in their mighty song of praise: "Glory to God in the highest!"

✿ *Glory to God in the highest.*—LUKE 2:14.

A Christmas Meditation

WANDA CREIGHTON



“**S**ILENT night! holiest night!” Outside my window young voices are singing, and I pause to listen to the familiar words of the loved Christmas carol. Softly falling snow shuts out the world, and a sense of quiet comes over me. A deep stillness envelops me, and I am lifted up.

Now I know what I have been waiting for all this long, busy day, why a feeling of anticipation, of inner awareness, has been with me underneath all the happy hurried festivities of the day. Even while my hands were busy with Christmas giving and I was helping others with all the love and humility of a grateful heart I knew that, lovely as all this was, it was not my real Christmas.

And now suddenly it is here, my real Christmas, the Christmas that I was searching for back of the activities and joys of the outer observance of the

day. Here is the Christmas for which I have been waiting all through the Christmas season, the Christmas that will live in my heart and bless me through all the year. Every Christmas, awaiting the moment when I am quiet and receptive, it always comes to me. Then into my being there enters such a hushed awareness, such an exalted feeling of power and joy and rejoicing, as can be aroused only by the coming of the Christmas Spirit.

The entrance into my heart of this Christmas Spirit is like the birth of the Christ child—and perhaps it *is* the birth of the Christ child. For there is born in me a new spirit; and though it now is immature and fragile and needful of my care, I know that it will grow "in wisdom and stature" and be with me to guide me through all the coming year. It comes to me from the Father, His gift of His only Son, bearer of love and peace: peace that fills me and urges me to go forth and share it with others, peace that "passeth all understanding," peace that is calm and sure and strengthening.

Lingering here in the stillness, I am completely one with the Father and with His love, joy, and peace. Here in my heart is the fulfillment of the Christmas message "On earth peace, good will toward men."

Thursday

DECEMBER 25

- CHRIST IS COME FORTH IN ME, AND I REJOICE GREATLY.



TODAY MY song of joy and praise rises with those of consecrated souls everywhere to form a mighty chorus of thanksgiving and rejoicing. Let the glad tidings be proclaimed on high: Christ is born! Christ is born in me! Christ is born in every heart!

Christ is the living word of God, the dayspring from on high, the Prince of Peace. He is the perfect essence of God embodied in His creation.

Christ is my divine self, whom I now recognize as the source of my well-being and the light of my world. Christ is my joy. Christ is my peace. Christ is my wisdom. Christ is life eternal. Christ is all. In Him I live, and move, and have my being.

Lord Christ, Thou Son of God and Son of man, I greet Thee this day with reverence, praise, and honor, with gratitude and love. I am filled with Thy holy presence. I follow and obey Thee. I honor and serve Thee. I express Thee henceforth and forevermore.

• *My soul doth magnify the Lord.*—LUKE 1:46.

DECEMBER 26

Friday

MY DESIRE TO BECOME CHRISTLIKE IS NOW
FULFILLED. PRAISE GOD!



TODAY I am joyful and filled with praise and thanksgiving. My long-felt desire to become Christlike is now fulfilled. My heart rejoices in the assurance of His holy presence with me and within me, upholding me momentarily.

I have found the Christ, the holy child, the symbol of divine perfection dwelling in my heart. I have worshiped Him by declaring my faith in Him and my recognition of His divinity. I have brought Him the gifts of my body, my heart, and my mind, and I am now ready to give full expression to my divine nature which He has revealed to me in all its beauty.

Christ is now in control in my life. I am whole, perfect, strong, powerful, loving, happy, harmonious. I rise up as on wings. I am endued with mighty powers that enable me to do mighty works in His name.

I rejoice with great and exceeding joy, for I can say with Paul, "Christ liveth in me!"

✠ *Thou art the Christ, the Son of the living God.*
—MATT. 16:16.

I DWELL IN CHRIST'S KINGDOM OF JOY,
PEACE, AND PLENTY.



THE KINGDOM of the Christ is the perfect state wherein peace, love, purity, health, and happiness reign in perfection. The attributes of the kingdom are many. When we dwell in the kingdom we are free from any sense of lack or limitation. We manifest the truth of our being, which is perfect wholeness in mind, body, and affairs.

When we realize that we are codwellers with Christ in His kingdom, we at once cast off the shackles of the outer world. We are no longer bound by imperfect health or lack in our affairs, or disturbed by world conditions. We know that none of these has existence in the perfect world that is His domain.

Today we rejoice. We have perfect peace in mind and heart. Plenty fills our mind and runs over into our affairs. We are citizens of Christ's kingdom. All power is given unto us in heaven and in earth. We are free, perfect, triumphant!

✿ *Giving thanks unto the Father . . . who delivered us . . . and translated us into the kingdom of the Son of his love.*—COL. 1:12, 13.

CHRIST IS MY PEACE.



MY LIFE is peaceful henceforth, for the Christ that dwells in me is perfect peace. I am tranquil in heart and mind. I claim the divine promise recorded by the prophet Isaiah: "Thou wilt keep *him* in perfect peace, *whose mind is stayed on thee*; because he trusteth in thee."

Because Christ in me is peace, I am undisturbed by the clamor of outer voices that seek to distract my attention from Him. I keep my thought directed continually to Christ, the perfect idea of God in me.

I place myself and all my affairs under the dominion of Christ. Thus I become established in the peace that passes understanding, the peace that Jesus the Christ spoke of when He said: "Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful." "Lo, I am with you always."

I am consecrated to Christ, and am at peace with every man everywhere.

♣ *Of the increase of his government and of peace there shall be no end.*—ISA. 9:7.

Monday

DECEMBER 29

MY UNDERSTANDING INCREASES AS I LET CHRIST DIRECT MY THOUGHTS AND WORDS.



TO A CERTAIN degree our human understanding may be adequate to our needs, but until it is illumined by divine understanding we fall short of comprehending the infinite power that is potentially ours in Spirit.

Our understanding increases as we let Christ (the perfect-man idea of God) direct our thought activity and the words we speak as a consequence. Under His direction we soon learn that even our lightest thought is of great importance in our life. "As he thinketh . . . so is he" describes succinctly the law of thought action. As we think so we are.

This does not mean that every un-Godlike thought that arises in our mind will cause us to suffer or undergo hardship, but it does remind us that we need to replace every dark or negative thought with one that is light or positive.

As we continue to think thoughts that are positive and Christlike, we come eventually to see that everything we are called upon to do has both an inner and an outer significance.

✿ *Bringing every thought into captivity to the obedience of Christ.*—II COR. 10:5.

ALL MEN ARE MY BROTHERS IN CHRIST.



THE FOUNDATION stone of human brotherhood is love, the divine quality that Jesus Christ exemplified so fully and so beautifully in His life and ministry. The Christ expression of love takes no cognizance of fear, hatred, or any condition that is unlike its perfection, but knows steadfastly that all men are divine, children of the Most High, and brothers in Spirit.

The Christ that is now coming into fullness of expression within me is above prejudice, criticism, or condemnation. In His name I declare my freedom from any unloving thoughts or conceptions about any man or nation. In His name I affirm my wholehearted love for every human being in the world.

Lord Christ, let Thy love now be expressed through me to every man. I am a radiating center of love. Thy Spirit animates me, and I say silently to every man: You are my brother in Christ. God bless you every one.

☛ *There can be neither Jew nor Greek, there can be neither bond nor free, there can be no male and female; for ye all are one man in Christ Jesus.—GAL. 3:26, 28.*

Wednesday

DECEMBER 31

I LOOK UNTO CHRIST MOMENTLY. I KNOW
THAT HE IS THE WAY, THE TRUTH, AND THE
LIFE.



LORD CHRIST, today I stand upon the threshold of the new year. Because my heart and mind are fixed on Thee I have no fear. The path before me may seem strange, but my faith in Thee is strong. Thy loving presence guides me. In my heart there is a song.

Thou art the way. I look to Thee for light and strength and power. Thy love infolds me as I grow more like Thee every hour.

Thou art the Truth, O Christ of God, sublime, unchanging, pure. Thou art the life. I live in Thee, and I am kept secure.

Thy blessing lights each day of the new year that is at hand. I speak Thy words of love and peace to men of every land. I comfort those who are cast down and bid them look to Thee, who givest healing to each heart. Thy life is rich and free. Lord Christ, henceforth I walk with Thee. My joy shall never cease. My spirit is uplifted, for I know Thy holy peace.

✿ *I am the way, and the truth, and the life.*—JOHN 14:6.

Unity Books Make Treasured Gifts



Unity books bless and inspire those who receive them, and they become treasured possessions. They may be read and enjoyed for years and may be shared with others. Why not give Unity books as Christmas gifts this year? Here is a list of some of the books, classified to help you in making your selection.

A NEW BOOK, *Whatsoever Ye Shall Ask*, recently off the press, is suitable for anyone whether he is a Truth student or not. It is written in story form and offers help in solving a number of problems of everyday life.

For Beginners

God a Present Help
God Is the Answer
Master Class Lessons
Working with God
Lessons in Truth
Lovingly in the Hands of the
Father

On Healing

Jesus Christ Heals
You Can Be Healed

For Parents

You and Your Child

For Advanced Study

Talks on Truth
Teach Us to Pray

Inspirational

Mightier than Circumstance
The Sunlit Way

These books are \$1 each in cloth
and \$2 in the flexible binding.

For Children

Jet's Adventures, \$1
Story Friends, 50c
How Jimmy Came Through, 50c

Say "Merry Christmas" the Unity Way



If you have persons on your Christmas list to whom you wish to send more than a Christmas card, send one of our Unity greeting booklets. Each year more and more of our friends find that greeting booklets solve their small-gift problems.

These booklets are $3\frac{3}{4}$ by $5\frac{7}{8}$ inches in size and contain about 24 pages each. Each booklet can be mailed for one cent in the Christmas envelope that we supply with it.

Some of the booklets are metaphysical, some are stories, some are inspirational, and some are interpretations of well-known chapters of the Bible, as the 23d Psalm, the 91st Psalm, and the Lord's Prayer.

ARE YOU GETTING ALL YOU WANT FROM LIFE?

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WHERE BLESSINGS BEGIN

WHAT CHILD IS THIS?

THE TURNING POINT

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HOLY BREAD

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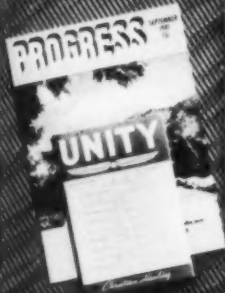
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UNITY SCHOOL OF CHRISTIANITY, KANSAS CITY, MISSOURI

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Christmas Quietude (Poem) - Bernice Minter
The Discovery of Christmas - Martha Smock
A Christmas Meditation - Wanda Creighton
-

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